

**AAU/GIJO**  
**Gymnastics**  
**Peace, Love, Gymnastics**  
**January 17,18,19, 2025**  
**Hosted by American Academy of Gymnastics**



**AGE GROUPS:** Woman's 2+All Levels of Xcel including Adults level

**ENTRY FEE:** \$55 gymnast \$30 Team all teams with 3ormore at same

**ENTRY DEADLINE:** December 15, 2024

**AWARDS:** 50%+1 on all events (ribbon) 100% AA (Medal) 50%+1 Team

**FORMAT:** Modified Capital Cup

**RULES:** Please see AAU/GIJO Rules and Policies

**ENTRY FEES PAYABLE TO: American Academy of Gymnastics**

This event is licensed by the Amateur Athletic Union of the U. S., Inc.

All participants must have a current AAU membership.

AAU membership must be obtained before the competition begins.

Non-Athlete memberships cannot be applied for at the event. Please allow up to 10 days for membership to be processed.

Participants are encouraged to visit the AAU website, [www.aausports.org](http://www.aausports.org), to obtain their membership.

**FOR MORE INFORMATION:**

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