



**AAU. NYMETROPOLITAN
DISTRICT CHAMPIONSHIP**

SUNDAY June 1, 2025

START 8:00 AM

ROY WILKINS PARK

JAMAICA, NY

Register on Athletic.net until 5/26/2025 @ 11:59 pm

\$25 per athlete

Meet Director: R. Hopkins

rhappenin@gmail.com

4 x 800 Relay 11 and up

3000M run 11 and up

1500 race walk

400 Hurdles 15 & up

200 hurdles 11 &Up

4 x 100m relay

400 Dash 7 & up

1500 run 7 & up

100m dash 7 & up

80 hurdles boys followed by girls

100 m hurdles boys 3G, 13B, 14G, 14B (10 X (33" B) (30" G))

110 m HH 15 & up boys

800 M run 7& up

200m dash 7 & up

4 x 400 relay 9 & up

Field events schedule

8 am start Long Jump Oldest – youngest

boys followed by girls

Triple jumps follow girls long Jump

Boys followed by girls

8 am start Turbo throw 7-12 Boys followed

by girls

8 am start Shot put oldest to youngest boys

followed by girls

This event is licensed by the Amateur Athletic Union of the U.S., Inc. All participants must have a current AAU membership.

AAU membership may not be included as part of the entry fee to the event. AAU Youth Athlete membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection. Be Prepared: Adult and non-athlete memberships are no longer instant and cannot be applied

for at the event. Please allow 10 days for membership to be processed. Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership.