

**Florida AAU
Strength Sports
Flagler Open
August 2, 2025**

**Hosted by Premier Athletic Events
Premier Athletics, Auburndale, FL**

AGE GROUPS: 12 & 13 Yrs Old, 14 & 15 Yrs Old, 16 & 17 Yrs Old, 18 & 19 Yrs Old, 20U
ENTRY FEE: \$35.00
ENTRY FEE PAYABLE TO: Premier
ENTRY DEADLINE: July 30, 2025
AWARDS: 1st - 3rd
ADDITIONAL INFO: Snatch
Clean & Jerk
Bench Press

FOR MORE INFORMATION:

Gilbert Ray Jones
gj189@hotmail.com

This event is licensed by the Amateur Athletic Union of the U.S., Inc.

All participants must have a current AAU membership.

AAU membership may not be included as part of the entry fee to the event.

AAU membership must be obtained before the competition begins, except where the event operator has a laptop available with an internet connection.

BE PREPARED: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at the event. Please allow up to 10 days for memberships to be processed.

Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership.