Pacific AAU Girls & Women's Flag Football Norcal Flag Football Combine

August 23 - 30, 2025

Hosted by Team Kourage

Team Kourage, Sacramento, CA

AGE GROUPS: 9 & Under, 10 & Under, 11 & Under, 12 & Under, 13 & Under, 14 & Under, 15 & Under,

16 & Under, 17 & Under, 18 & Under, K Grade, 1st Grade, 2nd Grade, 3rd Grade, 4th Grade, 5th Grade, 6th Grade, 7th Grade, 8th Grade, 9th Grade, 10th Grade, 11th Grade, 12th Grade,

ENTRY FEE: \$40.00

ENTRY FEE PAYABLE TO: Team Kourage

ENTRY DEADLINE: August 20, 2025

FOR MORE INFORMATION:

Arcel Shema Rusanganwa arcelrusanganwa@yahoo.com

This event is licensed by the Amateur Athletic Union of the U.S., Inc.

All participants must have a current AAU membership.

AAU membership may not be included as part of the entry fee to the event.

AAU membership must be obtained before the competition begins, except where the event operator has a laptop available with an internet connection.

BE PREPARED: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at the event. Please allow up to 10 days for memberships to be processed.

Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership.