

SOUTHERN ARKANSAS SWIM CLUB



THUNDER TURTLES

2025 AAU Arkansas State Championships

AAU Junior Olympic Qualifier Swim Meet

June 27th-29th, 2025

HealthWorks Fitness Center



2025 AAU Arkansas State Championships

We reserve the right to modify the meet format and/or entry of the meet.

Meet Host: Thunder Turtles Swim Team

Dates: June 27th-29th, 2025

Location: HealthWorks Fitness Center
304 N Madison Ave., El Dorado, AR, 71730

Session Schedule: **Friday** (Session #1—all ages):

- Warm-ups start at 4:00 ^{PM}, Meet starts at 5:00 ^{PM}

Saturday (Session #2—all ages):

- Warm-ups start at 8:00 ^{AM}, Meet starts at 9:30 ^{AM}

Sunday (Session #3—all ages):

- Warm-ups start at 8:00 ^{AM}, Meet starts at 9:30 ^{AM}

Warm-Ups: Each team will be assigned specific warm-up times and lanes before the meet starts. Times are tentative as the # of swimmers may vary. Each team will control what they do with their time. Starts are permitted; however, they must only swim in one direction in that lane.

Meet Personnel:	Meet Director – Diego Valero	Meet Coach – Farrin Cain
	dvalero@sharefoundation.com	southernarswimclub@gmail.com
	Office: (870) 862-5442 ext. 13	Cell: (870) 310-3675
	Cell: (870) 918-2238	

Meet Referee – Brian Smith

Any officiating help from visiting teams will be greatly appreciated!
Please contact the Meet Director if you can help. If you have any questions about the meet, please contact the Meet Director.

- Sanction:**
- The Amateur Athletic Union of the U.S., Inc. licenses this event.
 - All participants must have a current AAU membership.
 - AAU membership may not be included as part of the entry fee to the event.
 - AAU membership must be obtained before the competition begins, except where the event operator has a laptop available with an internet connection. Participants are encouraged to visit the AAU website (www.aausports.org) to obtain their membership.

Facility: Indoor 6-lane, 25-yard pool using a Colorado Electronic Timing System with touch pads at the finish end with a backup plunger and two stopwatch backups per lane. A scoreboard with times, events, and heat numbers will also be used. Please practice correct finishes with your swimmers to get proper and accurate times.

There is bleacher seating around the pool area. Folding chairs are welcome in designated areas (Do not block emergency exits or equipment). Outside, there will be a designated area for canopies. Canopies may be left overnight. However, HealthWorks and the Southern Arkansas Swim Club are not responsible for any personal belongings.

Restrooms are available in the lobby and the pool area. Locker rooms are also available. At each end of the pool, there are fully stocked first aid stations by the lifeguard stations. The facility has an on-site concession area. Heat Sheets may be purchased for \$10.00; Meet Mobile will be up and running under “2025 AAU Arkansas State Championships.”

Age Divisions: Individual events shown as multiple age groups will be swum together but scored as age divisions. The swimmer's age as of June 27th will determine their age division. If a swimmer should age up between June 27th and July 22nd, a swimmer may choose to swim up an age group to qualify for the Junior Olympics in those events.

Eligibility: All Arkansas AAU-registered athletes and teams are eligible. Entries will not be accepted without current registration numbers for AAU-registered athletes and teams. Proof of AAU registration must be sent in with entries.

Entry Information: Entries should include the swimmer's name, birth date, AAU registration numbers, and seed time. Each swimmer can swim in one relay and five individual events daily (a maximum of two relays and twelve individual events for the entire meet). Times must be in SCY (Short Course Yards). **Swimmers cannot swim in more than one age group.**

Registration Fees: The \$45.⁰⁰ swimmer fee includes facility surcharge, swimmer registration, and all individual and relay events.

All registration fees must be paid to the Meet Director before the meet starts on Friday. Make checks payable to **Southern Arkansas Swim Club**. Please ensure one check per team (multiple checks from individual parents will not be accepted).

Entry Deadline: All events and entries are due by 5:00 ^{PM} on Thursday, June 19th 2025. A Psych sheet will be emailed no later than 5:00 ^{PM} on Tuesday, June 24th. Coaches shall review these for entries, spelling, etc. We will accept changes until 5:00 ^{PM} on Wednesday, June 25th. Deck entries will not be accepted.

(Hy-Tek digital files) Email entries to dvalero@sharefoundation.com

Scoring & Awards:

- Individual events will be scored as 9, 7, 6, 5, 4, 3, 2, 1
 - 1st- 3rd Places will receive medals; 4th- 8th Places will receive ribbons.
- Relay events will be scored as 18, 14, 12, 10, 8, 6, 4, 2
 - 1st- 3rd Places will receive medals; 4th-8th Places will receive ribbons.
- High point awards will be given to:
 - 1st Place Individual Boy & Girl for each age division.
 - 1st, 2nd, and 3rd Place teams with high points (Combined Boys & Girls Score)

JO Qualification: First, second, and third place finishers in approved AAU District Swimming Championship Meets in individual events under 400M will qualify in those events. In addition, swimmers who meet or beat the U.S. Swimming long course "A" minimum time standard for all 200M, 400M, and 1500M events and "BB" time standards for events under 200M are eligible to compete in the events where they meet the minimum time standards. The qualifications for the 400M and 1500M are time only.

Additional Rules: Conduct this sanctioned event by all technical and administrative rules of the 2025 AAU/USA Swimming and the state of Arkansas.

Using a still or video camera or a cell phone with video capability is prohibited in all dressing rooms, locker rooms, bathrooms, or any other location where swimmers may be dressing. Any person found using such devices in these areas will immediately be removed from the meet, and all fees will be forfeited.

Smoking and other tobacco products are prohibited on the deck, in the bleachers, locker rooms, and throughout the facility.

Swimmers must use the appropriate locker rooms to change. On the deck changing is not allowed.

Every swimmer in the meet must be certified by an AAU Swimming member coach as proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

The Thunder Turtles welcome the participation of swimmers with disabilities in all AAU-sanctioned events. Swimmers who have special needs are expected to contact the Meet Referee to discuss competitive accommodation and to contact both the Meet Referee and the Meet Director to discuss facility accommodation before the entry deadline for the meet.

Lodging: There are several hotel options in the area. Please see the El Dorado Chamber of Commerce Lodging website for a list:
<https://www.goeldorado.com/visit/lodging/>

RV parking is allowed behind the facility on East Elm Street. HealthWorks and the Southern Arkansas Swim Club are not responsible for RVs parked on the street.

Apparel: Fine Designs will be on site selling state t-shirts and hoodies.

Session #1 – Friday

Warm-ups start at 4:00 ^{PM}, Meet starts at 5:00 ^{PM}

GIRLS	AGE GROUP	EVENT	BOYS
1	13-18	400 IM	2
3	12-Under	500 Free	4
5	13-18	1650 Free	6

Session #2 – Saturday

Warm-ups start at 8:00 ^{AM}, Meet starts at 9:30 ^{AM}

GIRLS	AGE GROUP	EVENT	BOYS
7	8-Under	25 Fly	8
9	13-18	50 Free	10
11	9-12	200 Free	12
13	13-18	100 Back	14
15	9-12	100 Breast	16
17	13-18	200 Free	18
19	U 12	50 Fy	20
21	13-18	200 Breast	22
23	9-12	100 Back	24
25	13-18	100 Fly	26
27	9-12	200 IM	28
29	8-Under	25 Free	30
31	12-Under	200 Medley Relay	32
33	13-18	200 Medley Relay	34

Session #3 – Sunday

Warm-ups start at 8:00 ^{AM}, Meet starts at 9:30 ^{AM}

GIRLS	AGE GROUP	EVENT	BOYS
35	8-Under	25 Back	36
37	13-18	100 Free	38
39	12-Under	50 Free	40
41	13-18	200 Fly	42
43	12-Under	50 Back	44
45	13-18	100 Breast	46
47	9-12	100 Fly	48
49	13-18	200 IM	50
51	8-Under	25 Breast	52
53	13-18	200 Back	54
55	12-Under	50 Breast	56
57	13-18	500 Free	58
59	9-12	100 Free	60
61	13-18	200 Free Relay	62
63	12-Under	200 Free Relay	64