



2025 AAU Kentucky District Qualifying Track & Field Meet

Saturday, June 21, 2025

Ballard High School

6000 Brownsboro Road, Louisville, KY 40222

Sanction: Amateur Athletic Union (AAU)

Meet Director:

Ryan Bridgeman

Email: loutrackclub@hotmail.com

Fees:

Entry fee is \$25.00 for each athlete. No entry fee will be transferred or refunded. Entry will not be processed unless entry fee is paid by deadline. Bring a legible copy of a birth certificate or proof of age, along with a 2024 AAU membership card for each athlete entered; Do not send in advance. All entry fees must be paid online, no exceptions will be granted.

Eligibility:

All participants must have a current AAU membership. AAU membership may not be included as part of the entry fee to the event. AAU Youth Athlete membership must be obtained before the competition begins. This meet is open to any athlete that falls within the age divisions listed below.

Entry Limits:

Teams may enter an unlimited number of athletes in each individual event. Teams may enter an unlimited number of teams in each relay event. Teams must enter a minimum of 4 & may enter a maximum of 8 on a relay. Athletes may enter the maximum number of events as noted in **entry limit** column of this divisions table.

Age as of 12/31/2025

div #	name	low age	high age	entry limit
1	8 & Under	0	8	3
2	9	9	9	3
3	10	10	10	3
4	11	11	11	3
5	12	12	12	3
6	13	13	13	4
7	14	14	14	4
8	15-16	15	16	4
9	17-18	17	18*	4

**athletes born in 2006 must turn 19 after 08/02/2025.*

Check-In Requirements:

A packet will be provided for each team consisting of competition numbers. A team representative will be responsible for picking up the packets. Packets can be picked up at the track facility beginning at 8:00am on meet day

Running Events:

Race Walks begin at 9:00 AM followed by the 3000M Run.

The meet will run on a rolling schedule beginning at 10:30 AM for all other running events. The Order of Events is as follows:

80M Hurdles
100M Hurdles
110M Hurdles
4X800M Relay
100M Dash Timed Finals
400M Dash Timed Finals
1500M Run
200M Hurdles
400M Hurdles
4X100M Relay
800M Run
200M Dash Finals
4X400M Relay

Field Events:

Begin at 8:30 AM

JAV followed by Turbo JAV - Boys and Girls

Pit 1 – Girls Long Jump (open pit until 11am) 3 Jumps

Pit 2 – Boys and Girls Triple Jump Combined (30 min open pit until 9am) 3 Jumps

Pit 2 – Following Triple Jump will be Boys Long Jump (Open Pit until 11am) 3 Jumps

High Jump will follow the JAV competition- Boys and Girls Combined Starting Height based on lowest entry.

Discus – Girls Followed by Boys Cafeteria Style (3 Throws)

Shot Put – Boys Followed by Girls Cafeteria Style (3 Throws)

Awards:

In individual events, medals will be presented for participants who finish 1st-3rd place. Medals will be presented for the top 3 relay teams. Medals will be distributed at the conclusion of the meet.

Officials:

Anyone desiring to officiate at this meet is encouraged to contact Aaron McAndrew via email at aaron.mcandrew@gmail.com. Your assistance is greatly appreciated.

Facility:

Rubberized track. Only ¼" or smaller pyramid spikes are allowed. Fully Automatic Timing & results will be done using Finishlynx Cameras interfaced with Hy-Tek Meet Manager. No smoking, radios, glass containers, or alcoholic beverages are allowed in the facility.

Refreshments:

Concessions will be sold at the stadium.

Equipment:

Starting blocks will be provided by the meet management. Athletes in throwing events should bring their own implements with them.

- This event is licensed by the Amateur Athletic Union of the U.S., Inc.
- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU **Youth** Athlete membership must be obtained before the competition begins, except where the event operator has a laptop available with an internet connection.
Be Prepared: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at an event. Due to background screenings, please allow up to 10 days for adult memberships to be processed.
- Participants are encouraged to visit the AAU website www.aausports.org to obtain their membership.