



# **2025 AAU NATIONAL POWERLIFTING, BENCH PRESS & PUSH PULL CHAMPIONSHIP**

**May 24, 2025 Lifting  
begins at 9:00AM**

**Location: Stewart Performance Center  
9460 Rainier Ave. So, Seattle, WA 98118**



**Booth Space Available: \$50.00**

**Spectator Fee: \$10.00/ person  
(free for youth 12 years & under)**

**Application**

**[www.austrengthsports.org](http://www.austrengthsports.org)**

**Entry Deadline: May 10, 2025**

**Contact: [bullstewart@hotmail.com](mailto:bullstewart@hotmail.com)**

**206.854.2678**





**May 24, 2025, AAU National Powerlifting, Bench Press & Push Pull Championship!**

**Location Stewart Performance Center 9460 Rainier Ave South, Seattle, WA 98118**

**STARTING TIME IS 9 AM**

**There will be Booth Space Available! \$50**

**Testing: Any AAU lifter may be subject to drug testing per the AAU Policy and Procedures.**

**Eligibility: All lifters must have a current AAU Membership card \$24 adults, \$14 youth.**

**Divisions: All weight classes listed below are provided in all divisions for both men and women. *Both Raw and equipped* Youth (6-7,8-9,10-11,12-13) Raw Teen (14-15,16-17,18-19), Teen (14-15,16-17,18-19) Junior (20-23) Open, Lifetime, Sub-Masters (35-39) Masters 40-44,45-49 etc. in 5 year, Lifetime Masters, Raw Youth, Raw Teen, Raw Junior, Raw Open, Raw Lifetime, Raw Sub masters, Raw Masters(40-44,45-49 etc. in 5yrs increments) Raw Lifetime Masters (5 yrs) Military/Law/Fire/Military (active, retired, reserve), Disabled by weight and age Blind/Dwarf-Wheel Chair & High School.**

**Weight Classes: Men: + Youth 66, 77, 88, 97, 105 ALL 114,123,132,148,165,181,198, 220, 242, 275,308, 308+**

**Women: Youth 66, 77, 88, ALL 97,105 114,123,132,148,165,181,198,198 220, 220+**

**Weigh-ins: Friday the 23<sup>rd</sup> 8am-12 at CCFC 4525 Rainier Ave. S. Seattle, WA. 98118 or from 6-7:30 pm at Stewart Performance Center 9460 Rainier Ave South, question contact Bull cell-206-854-2678**

**Rules Briefing 8am meet start at 9am**

**Awards: Medals/Plaques/Trophies 1st- 5<sup>th</sup> in all divisions. Best lifter awards in many divisions.  
Team Trophies 1st-5th TEAM ENTRY FEE:\$50**

**AAU CARDS AVAILABLE ONLINE AT [WWW.AAUSPORTS.ORG](http://WWW.AAUSPORTS.ORG) ALL CARD MUST BE BOUGHT ONLINE PRIOR TO THE MEET AND PRESENTED AT WEIGH-INS/CHECK-IN! AS PART OF THE CARD PROCESS. ALL LIFTER AGE 20+ WILL HAVE A BACKGROUND CHECK PERFORMED. PROCESS CAN ADD A WEEK TO CARD APPROVAL.**

**ENTRY DEADLINE IS May 10 2025- LATE ENTRIES \$25! NO ENTRY AFTER MAY 17, 2025**

**NO REFUNDS!!!!**

**Make Checks Payable to Bull R.**

**Mail to Bull Stewart, 3913 South Orcas St. Seattle, WA, 98118**

**Contact: Bull Stewart 206-854-2678 cell**

**E-Mail [bullstewart@hotmail.com](mailto:bullstewart@hotmail.com)**

**You can call in and pay by CREDIT CARD, CASH APP or VENMO & E-Mail me your application!**

**STATE & AMERICAN RECORDS CAN BE SET !!!**

**ONLY TAKING THE FIRST 60. MEET WILL BE CAPPED AT 60 LIFTERS!**

**Qualify for 2025 AAU Worlds!**





**MAY 24, 2025 AAU National Powerlifting, Bench & Push Pull Championship!**  
**Location Stewart Performance Center 9460 Rainier Ave. S. Seattle, WA. 98118**  
**MEET STARTS AT 9 AM**

Name: \_\_\_\_\_ Phone: \_\_\_\_\_ A.A.U.# \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Weight Class \_\_\_\_\_ Age: \_\_\_\_\_ D.O.B. \_\_\_\_\_ SEX \_\_\_\_\_  
E-Mail address \_\_\_\_\_  
Team Name \_\_\_\_\_ Team Fee-\$50

Circle Appropriate-one-PLACE "A" Powerlifting, "B" for Bench, "C" for Dead lift, "D" For Push/Pull, "E" Double Deadlift Men's or Women's

Check – Raw \_\_\_\_\_ Equipped \_\_\_\_\_ Weight Class \_\_\_\_\_  
Open: \_\_\_\_\_ Teen \_\_\_\_\_ Youth \_\_\_\_\_  
Junior \_\_\_\_\_ Sub-Master \_\_\_\_\_ Master \_\_\_\_\_ Military/ Law/Fire/Military \_\_\_\_\_  
Disable \_\_\_\_\_ (Specify, Dwarf, Blind, Wheelchair), Special Olympic \_\_\_\_\_  
Lifetime \_\_\_\_\_ High School \_\_\_\_\_ Lifetime \_\_\_\_\_

**Entry Fees: Adults-Powerlifting \$120, \$110 Push/Pull, \$100 for Bench Press or Deadlift. Cross over \$25. High School \$90 for Powerlifting, \$85 for Push/pull, \$80 for Bench Press or Deadlift and Cross over \$25, Team Entry \$50**

**Pre Order T-Shirts \$20 dollars for all pre-orders! \$25 dollars at the Meet.**

**T-Shirt Size: XS----S----M----L----XL---XXL-----XXXL-----**

**Amount Enclosed (Entry Fee + T-Shirt) \$ \_\_\_\_\_**

**Make Check Payable to Bull R. Care of Bull Stewart, 3913 South Orcas St, Seattle, WA. 98118**  
**AAU Powerlifting Waiver and Consent**

In order to be able to participate in this or any other AAU Powerlifting event, I hereby consent to be drug tested by urine analysis or whatever other method is chosen by the AAUPC. I agree if I fail or refuse to be tested that I will automatically be disqualified from the event(s) and may be subject to further penalties under the AAU Code. I further consent to the publication of my test results and/or my failure/refusal to test in sole discretion of the AAUPC.

I understand that both the collection process and testing procedures will be performed by a third party (AAUPC or AAU) I hereby release, discharge and covenant not to sue the AAUPC and/or the AAU, their respective administrators, directors, agents, officers, members, volunteers, employees, other participants, any sponsors, advertisers, and if applicable, owners and lessors of the premises on which any AAU activity takes place (each considered one of the releases) , from all liability, claims, demands, losses, or damages on any account caused or alleged to be caused in whole or in part by any and all of the releases or otherwise, relative to the drug testing, the publication(or any matter related to this event, and further agree that if, despite this release and waiver of liability, assumption of risk and indemnity agreement, such a claim is made against any of the releases, the undersigned will indemnify, save and hold harmless each of the releases from any litigation expenses, attorneys fees, loss, liability, damage, or cost which may occur as a result of such claim.

The parties agree that if any portion of the consent/release shall be deemed invalid and/or unenforceable, the rest of such consent/release shall remain in full effect.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Signature of parent or Guardian: \_\_\_\_\_

if under age 21

Bull Stewart-AAU Director of Strength Sports, Mark Bryant-PL State Chair