

Southwestern AAU
Diving
Iron Horse 2025 On The Bubble JO Invite
June 7, 2025

Hosted by Iron Horse Aquatics
Iron Horse Aquatics, Frisco, TX

AGE GROUPS: 9 & Under, 10 - 11 yrs old, 12 - 13 yrs old, 14 - 15 yrs old, 16 - 18 yrs old, 19 + yrs old,

ENTRY FEE: \$40.00

ENTRY FEE PAYABLE TO: Iron Horse Aquatics

ENTRY DEADLINE: June 02, 2025

SIGN UP AT: <https://diving.scoresandmore.live/MeetShort/4349>

AWARDS: Medals 1-3
Ribbons 4-6

RULES: J.O. Rules: FINA Rules will be used
Group E, 9 & U - Boys and Girls 3 vols, 1 opt Vols Max 1m 5.4, 3m 5.4
Group D, 10-11 - Boys and Girls 3 vols, 2 opts. Vols Max 1m 5.4, 3m 5.4
Group C, 12-13 - Girls 5 vols. 2 opts. Boys 5 vols, 3 opts. Vols Max 1m 9.0, 3m 9.5

Group B, 14-15 - Girls 5 vols, 3 opts. Boys 5 vols. 4 opts. Vols Max 1m 9.0, 3m 9.5

Group A and A+ 16-18 - Girls 5 vols. 4 opts. Boys 5 vols. 5 opts. Vols Max 1m 9 0,
3m 9.5

FOR MORE INFORMATION:

Marsha Ann Lynch
sundayc@friscoisd.org

This event is licensed by the Amateur Athletic Union of the U.S., Inc.

All participants must have a current AAU membership.

AAU membership may not be included as part of the entry fee to the event.

AAU membership must be obtained before the competition begins, except where the event operator has a laptop available with an internet connection.

BE PREPARED: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at the event. Please allow up to 10 days for memberships to be processed.

Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership.