

EVENTS

3000m (11 & Up)
80m Hurdles (11 & 12 Girls/Boys 30")
100mH (13 & 14 Girls 30"/Boys 33")
(15-18 Women 33")
110m Hurdles (15-18 Men 39")
4x100m Relay (All Divisions)
800m Run (All Divisions)
100m Dash (All Divisions)
400m Dash/Charles Bragner (All Divisions)
200m Hurdles (13 & 14 Girls/Boys 30")
400mH (15-16 Girls/Boys, 17-18 YW/YM)
200m Dash (All Divisions)
1500m Run (All Divisions)
4x400m Relay (All Divisions)
Long Jump (9 & Older)
Triple Jump (13 & Older)
Discus (11 & Older)
Shot Put (9 & Older)
High Jump (9 & Older)
Turbo Javelin (7-12)

XTREME FORCE TRACK CLUB



2025 INVITATIONAL MEET
Gates open 7am (F.A.T.) Timing w/ Live Results Rolling Start

July 12 @ 8AM

MCNEIL HIGH SCHOOL

5720 McNeil Dr, Austin, TX 78729

REGISTER ON COACHO.COM

Entry Fee of \$20.00 per athlete (Wristbands issued)
Spectator Fee: \$10 (Children 4 & under free)

CONTACT INFO

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MEET DIRECTORS

Charles Bragner 512-788-7112
David Smith 512-576-5985

- This event is licensed by the Amateur Athletic Union of the U.S., Inc.
- All participants must have a current AAU Membership.
- AAU membership may not be included as part of the entry fee to the event
- AAU Youth Athlete membership must be obtained before the competition begins
- BE PREPARED! Adult and Non- Athlete memberships are no longer instant and cannot be applied for at event. Please allow at least 10 days for membership to be processed
- Participants can visit the AAU website www.aausports.org to purchase AAU memberships.



Age division is based on athlete's age as of December 31, 2025

Division	2025
8 and under	2017 & After
9 & 10-Year-Old	2015 - 2016
11 & 12-Year-Old	2013 - 2014
13 & 14-Year-Old	2011 - 2012
15 & 16-Year-Old	2009 - 2010
17 & 18- Year-Old	2007 - 2008