# Grand Rapids Track Club Grand Rapids F.I.R.E. Program

#### **Presents**

## 14th Annual Grand Rapids Invitational Youth Track and Field Meet

July 5, 2025 Grand Rapids, MI



**DATE:** July 5, 2025

**LOCATION:** Byron Center Athletic Fields

8638 Byron Center Ave SW, Byron Center, MI 49315

All weather surface – 8 lanes Parking and Restrooms Available Track spikes ¼" pyramid or less

HOSTS: Dan Ebright, 616-608-2209(cell), grtcdebright@yahoo.com

ENTRY DEADLINE: Online Registration Deadline – 11:00 P.M., Thursday, July 3, 2025

Register online on Athletic net

**FEE:** \$20 per athlete (non-refundable). \$25 day of the meet

**AGE:** 8 & u,9-10,11-12,13-14,15-16,17-18 (age as of 12/31/25) – No subdivisions will

be run.

**TIME:** Gates Open at 8:00 A.M.

Field Events will begin at 9:00 A.M. and Running Events at 9:00 A.M.

**AWARDS:** Medals 1<sup>st-</sup> 3<sup>rd</sup> for each division

#### **ORDER OF EVENTS:** See attached schedule

- This event is licensed by the Amateur Athletic Union of the U.S., Inc.
- All participants must have a current AAU membership.
- AAU Youth Athlete membership must be obtained before the competition begins.
   Non-Athlete memberships cannot be applied for at an event.
  - Due to background screenings, please allow up to 10 days for adult memberships to be processed.
- Participants are encouraged to visit the AAU website www.aausports.org to obtain their membership.

### **ORDER OF EVENTS**

Coaches Meeting: 8:30am

**STARTING TIME:** 9:00 am – 3000m

9:00 am - Field Events

10:00 am - Other Running Events

All events are timed finals, so make sure you enter seed times for your runners from meets run this summer. All events are FAT timed. MICHIANA TIMING WILL BE RETURNING TO TIME THIS YEAR'S EVENT, WHICH INCLUDES LIVE RESULTS THROUGHOUT THE MEET at fatresults.com

ORDER OF EVENTS	AGE GROUP
3000m (at 9:00 AM)	11-18
Starting at 10:00 – Rolling schedule	
80mH/100mH/110mH	11-18
100m	all
1500m run	all
50m dash	8 and under
4 x 100m relay	all
400m dash	all
200mh/400mh	13-18
800m	all
200m	all
4 x 400m relay	all

### FIELD EVENTS (Starting at 9:00 AM) 4 attempts/throws – no finals

Long jump	-	all
Shot put		all
Discus		13-18
High jump		9-18
Turbo Javelin		8-12

<sup>\*</sup>Competitors should bring their own implements to be used at Meet.