

**Florida AAU**  
**Strength Sports**  
**Sunlake Open**  
**July 26, 2025**

**Hosted by Premier Athletic Events**  
**Premier Athletics, Auburndale, FL**

**AGE GROUPS:** 12 & 13 Yrs Old, 14 & 15 Yrs Old, 16 & 17 Yrs Old, 18 & 19 Yrs Old, 20U  
**ENTRY FEE:** \$35.00  
**ENTRY FEE PAYABLE TO:** Premier  
**ENTRY DEADLINE:** July 23, 2025  
**AWARDS:** 1st - 3rd place  
**ADDITIONAL INFO:** Snatch  
Clean & Jerk  
Bench Press

**FOR MORE INFORMATION:**

Gilbert Ray Jones  
gj189@hotmail.com

This event is licensed by the Amateur Athletic Union of the U.S., Inc.

All participants must have a current AAU membership.

AAU membership may not be included as part of the entry fee to the event.

AAU membership must be obtained before the competition begins, except where the event operator has a laptop available with an internet connection.

BE PREPARED: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at the event. Please allow up to 10 days for memberships to be processed.

Participants are encouraged to visit the AAU web site [www.aausports.org](http://www.aausports.org) to obtain their membership.