

Join us for the 2025 AAU Karate Competition Season strategy meeting to discuss important updates, rules and season schedule

Workshop highlights:

- Rules for Kata, Kobudo, and Kumite
- Ring Procedures and Requirements
- Scoring, Target Areas, & Penalties
- Referee Certification Requirements
- Coaching Rules & Etiquette
- Live Practical Exercise for Referees, Coaches, and Athletes!



- This event is licensed by the Amateur Athletic Union of the U.S., Inc.
- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU Youth Athlete membership must be obtained before the competition
- BE PREPARED! Adult and Non Athlete memberships are no longer instant and cannot be applied for at event.
- Please allow at least 10 days for membership to be processed.
- Participants are encouraged to visit the AAU website www.aausports.org to obtain their membership.

09 NOVEMBER 2024

564 Lakeland Plz, Cumming, GA 30040 | From 1:00 PM - 3:00 pm

Free Event!!





