

**2025 SDWCA Region 5 Wrestling Tournament**  
**Hosted by Harrisburg Youth Wrestling**  
**March 15, 2025**

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**Session #1**

**Only the below noted weight classes will be allowed to weigh-in NO EXCEPTIONS!!**

**Weigh-In Schedule**

*Session #1 Weigh-In Start Time: 7:00-8:00 am*

**Age/Weights**

*6U Boys (2019-After)-37, 40, 43, 46, 49, 53, 57, 67, & HWT*

*8U Boys (Born 2017-2018)-40, 44, 47, 50, 53, 57, 61, 65, 70, 76, 83, 91, & HWT*

*16U Boys (Born 2009-2010)-88, 94, 100, 106, 113, 120, 126, 132, 138, 144, 150, 157, 165, 175, 190, 215, & 285*

*6U Girls (Born 2019-After)-37, 40, 43, 46, 49, 53, 57, 67, & HWT*

*8U Girls (Born 2017-2018)- 40, 44, 47, 50, 53, 57, 61, 65, 70, 76, 83, 91, & HWT*

**Wrestling Schedule**

*Session #1 Wrestling Start Time: 8:30 am*

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**Session #2**

**Weigh-In Schedule**

*Session #2 Weigh Start Time: 9:30-10:30 am*

**Age/Weights**

*10U Boys (Born 2015-2016)-50, 53, 56, 59, 63, 67, 72, 77, 82, 89, 96, 104, 113, 123, 134, & HWT*

*12U Boys (Born 2013-2014)-60, 64, 68, 72, 77, 82, 87, 93, 100, 108, 117, 127, 138, 150, 175, & HWT*

*14U Boys (Born 2011-2012)-70, 75, 80, 85, 90, 95, 100, 105, 110, 115, 120, 125, 130, 140, 150, 160, 180, 215, & HWT*

*10U Girls (Born 2015-2016)-50, 55, 60, 65, 70, 77, 84, 96, 110, 125, & HWT*

*12U Girls (Born 2013-2014)-60, 66, 72, 80, 90, 100, 110, 120, 130, 160, & HWT*

*14U Girls (Born 2011-2012)-75, 83, 90, 98, 105, 112, 120, 130, 145, 160, & HWT*

**Wrestling Schedule**

**Session #2 will begin at the conclusion of Session #1, estimated time is 11:00 am if not sooner. Please be at the gym by 10:30 am-NO LATER!!**

**LOCATION:** Harrisburg High School  
1300 E Willow Street  
Harrisburg, SD 57032

**REGISTRATION:** 6U, 8U, 10U, 12U, & 14U must qualify from District 9 or 10 Tournament by placing top 8 in their bracket  
Must wrestle in the same age group & weight class as qualified for Districts, no weight allowance  
**16U (2009-2010) will wrestle freestyle must pre-register on Trackwrestling by March 14 at 12 PM**  
**16U must have a birth certificate and AAU card**

**CONTACTS:** Demetri Sengos - [harrisburgyouthwrestling@gmail.com](mailto:harrisburgyouthwrestling@gmail.com) - (605)261-0378

**PARTICIPANTS:** **Districts 9 & 10:** Brandon Valley, Tea Area, West Central, Lennox, Parker, SF Washington, SF Jefferson, SF Lincoln, SF Roosevelt, SF O'Gorman, Harrisburg, Yankton Jr Bucks, Canton, Vermillion, Beresford, Dakota Valley, Elk Point/Jefferson, Alcester/Hudson, Viborg/Hurley, Siouxland Wrestling Academy

**ENTRY INFO:** \$15 PER Wrestler (AAU Card Required, Birth Certificate should be with you in case of an age challenge request)  
\$10 Adults  
\$5 Students  
\$20 Coaches, AAU card required to coach, NO STAMP REQUIRED

**AGE/WEIGHTS:** **visit [sdwca.net](http://sdwca.net) for more information**  
GIRLS 6U (2019-After) 37-40-43-46-49-53-57-67-HWT  
GIRLS 8U (2017-2018) 40-44-47-50-53-57-61-65-70-76-83-91-HWT  
GIRLS 10U (2015-2016) 50-55-60-65-70-77-84-96-110-125-HWT  
GIRLS 12U (2013-2014) 60-66-72-80-90-100-110-120-130-160-HWT  
GIRLS 14U (2011-2012) 75-83-90-98-105-112-120-130-145-160-HWT  
BOYS 6U (2019-After) 37-40-43-46-49-53-57-67-HWT  
BOYS 8U (2017-2018) 40-44-47-50-53-57-61-65-70-76-83-91-HWT  
BOYS 10U (2015-2016) 50-53-56-59-63-67-72-77-82-89-96-104-113-123-134-HWT  
BOYS 12U (2013-2014) 60-64-68-72-77-82-87-93-100-108-117-127-138-150-175-HWT  
BOYS 14U (2011-2012) 70-75-80-85-90-95-100-105-110-115-120-125-130-140-150-160-180-215-HWT  
BOYS 16U (2009-2010) 88-94-100-106-113-120-126-132-138-144-150-157-165-175-190-215-285

**Wrestlers placing in the TOP 3 in each age division & weight class (top 4 in 6U) will qualify for the 2025 SDWCA State Tournament which will be held in Rapid City on March 28-30, 2025.**

#### **SPECIAL ANNOUNCEMENTS**

**Breakfast and Lunch concessions will be available throughout the day---NO COOLERS ALLOWED**

**Region 5 apparel will be available for purchase from 3X Gear**

**Inclement weather announcements will be made through [trackwrestling.com](http://trackwrestling.com) and the Harrisburg SD Youth Wrestling Facebook page**

This event is licensed by the Amateur Athletic Union of the U. S., Inc. All participants must have a current AAU membership. AAU membership may not be included as part of the entry fee to the event. AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection. BE PREPARED: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at the event. Please allow up to 10 days for membership to be processed. Participants are encouraged to visit the AAU web site [www.aausports.org](http://www.aausports.org) to obtain their membership.