

**Florida AAU  
Gymnastics**  
**Xcel Athlete Training Camp & Workshop**  
**July 13, 2025**

**Hosted by Florida NAWGJ  
Team Florida, North Port, FL**

**AGE GROUPS:** Youth Copper, Youth Bronze, Youth Silver, Youth Gold, Youth Platinum, Youth Diamond, Youth Sapphire

**ENTRY FEE:** \$100.00

**ENTRY FEE PAYABLE TO:** Florida NAWGJ

**ENTRY DEADLINE:** June 05, 2025

**AWARDS:** None

**RULES:** Xcel

**FOR MORE INFORMATION:**

Patricia Ann Lydon  
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This event is licensed by the Amateur Athletic Union of the U.S., Inc.

All participants must have a current AAU membership.

AAU membership may not be included as part of the entry fee to the event.

AAU membership must be obtained before the competition begins, except where the event operator has a laptop available with an internet connection.

**BE PREPARED:** Adult and Non-Athlete memberships are no longer instant and cannot be applied for at the event. Please allow up to 10 days for memberships to be processed.

Participants are encouraged to visit the AAU web site [www.aausports.org](http://www.aausports.org) to obtain their membership.