



# 2009 AAU VIRGINIA DISTRICT & OPEN BATON TWIRLING CHAMPIONSHIP



**Date:** Saturday, May 23, 2009

**Deadline:** Postmarked by Monday, April 27, 2009 (AAU Awards have to be ordered)

**Time:** Doors open at 7:30am and contest starts at 8:30am

**Contest Director:** JUDY HOLLOWELL **PHONE:** 757-599-3708  
**E-MAIL:** [hollowelltwirlers@cox.net](mailto:hollowelltwirlers@cox.net)

**Location:** HERITAGE HIGH SCHOOL  
5800 Marshall Avenue  
NEWPORT NEWS, VA

**Directions:** From points West—take I64 East to Exit 263A to Mercury Blvd. Go 2.5 miles and turn left on Newmarket Dr. (Sears can be seen to the right). Newmarket Dr. turns into Marshall Ave. Travel 1 mile, cross over Briarfield Rd. and Heritage High School is located on the left.

**THIS CONTEST IS A QUALIFIER FOR THE 2009 AAU JR. OLYMPIC GAMES BATON TWIRLING NATIONAL CHAMPIONSHIPS TO BE HELD IN DES MOINES, IOWA. You must qualify in each event that you would like to participate in at the 2009 AAU Junior Olympic Games in Des Moines, IOWA.**

You must show your 2009 AAU Membership card before you can compete!! Not available for purchase at contest!!

**Qualifying:** To compete at the 2009 AAU Junior Olympic Games in Des Moines, Iowa, competitors must compete and qualify at an AAU District or Regional Championship during the current competitive season in each event they wish to be eligible for. Male and female athletes compete together except for in Solo One Baton, Solo Dance Twirl & Solo Freestyle. A competitor can compete in only one level/one age group for each solo event (no double entering). Group athletes may not compete against themselves at any level of competition. A corps member may compete only once in a corps classification (i.e. may compete only in one twirling corps and only in one parade corps).

**This Championship will qualify the following number of Athletes for the AAU Junior Olympics events in Des Moines.**

*Solo* – One, Two, Three, & Multiple Baton, Strut, Flag, Hoop, Basic & Military Strut - 10 athletes

*Solo Freestyle & Dance Twirl* – 6 athletes

*Duets, Trios, Twirling & Dance Twirl Teams, Street Parade, Novelty Show Twirl Team* – 6 Groups *Twirling Corps, Parade Corps* – All corps that compete at an AAU District or Regional Championship will be invited to attend the AAU Junior Olympic Games.

**A Challenger division was designed for our special needs athletes. Check rules for more information.**

## AAU Championship Qualifying Events

<u>Solo One Baton</u>	Novice 0-6, 7-8, 9-10, 11-12, 13-14, 15-20 Beg /Int/ Adv/ Elite/ Boys 0-6, 7-9, 10-12, 13-15, 16-20
<u>Solo Two Baton</u>	Novice 0-6, 7-8, 9-10, 11-12, 13-14, 15-20 Beg/ Int/ Adv/ Elite 0-6, 7-9, 10-12, 13-15, 16-20
<u>Solo Three Baton</u>	Beg/ Adv/ Elite 0-9, 10-12, 13-15, 16-20
<u>Solo Freestyle</u>	5-9, 10-12, 13-15, 16-20
<u>Solo Dance Twirl</u>	5-9, 10-12, 13-15, 16-20
<u>Multiple Baton Solo</u>	Beg/ Adv 0-9, 10-12, 13-15, 16-20
<u>Strut</u>	Novice/ Beg/ Int/ Adv/Elite 0-6, 7-9, 10-12, 13-15, 16-20
<u>Basic Strut</u>	Nov/ Beg/ Adv 0-6, 7-9, 10-12, 13-15, 16-20
<u>Military Strut</u>	Nov/ Beg/ Adv 0-6, 7-9, 10-12, 13-15, 16-20
<u>Hoop</u>	Beg/Adv 0-9, 10-12, 13-15, 16-20
<u>Flag</u>	Beg/Adv 0-9, 10-12, 13-15, 16-20
<u>Duets</u>	Beg 0-12, 13-18, 19-24, 25-40/ Adv 0-18, 19-24, 25-30, 31-40
<u>Trios</u>	Beg & Adv 0-12, 13-20



### GENERAL SPORT INFORMATION:

- § Gymnastics stunts/skills are not allowed *in most* of AAU Baton Twirling Events. Check the AAU Baton Twirling Handbook for events that allow use of cartwheels, and walkovers.
- § Athletes should be entered in the proper status level according to the number of wins they have received in each event. All wins count regardless of which organization the win was achieved. An athlete may be beginner in solo one baton and novice in solo two baton.

**Individual Soloist Events count Total Wins:** Novice—less than 3 wins; Beginner—less than 5 Beg wins; Intermediate—less than 8 Int wins; Advanced—no more than 12 wins. **Elite—An athlete has reached the highest and most prestigious competitive level. Once a twirler has 12 or more Advanced first place wins in a solo event, she/he would move to the Elite Division.** For Duet & Team Events (Total Wins for Each Athlete): Beginner – less than 5 wins; Advanced – 5 or more wins. An advanced solo member can not be on a Beginner Duet, Trio or Beginner Team.

**Novice Solo One Baton Limitations** – Athletes in this level may not perform a high toss illusion or more than 2 turn arounds.

**Solo Freestyle** – An athlete performs with 1, 2 and/or 3 baton(s) to a musical selection of his/her choice. No other equipment or props are allowed.

**Solo Dance Twirl**—An athlete performs a one baton routine to a musical selection of his/her choice. No other twirling equipment Or props are allowed. (Please see the AAU Baton Twirling Handbook for Gymnastics skill.)

**AGE DETERMINATION:** The athlete's age at the time of the 2009 AAU Jr. Olympic Games first day of competition, (Aug 4, 2009). Athlete's MUST compete at their AAU District/Regional Championship in the age division in which they will be at the AAU Jr. Olympic Games. All athletes must be able to provide proof of age at each contest (i.e. Birth Certificate, Baptism Record, Adoption/Foster Care Records, and/or Driver's license)

**AAU MEMBERSHIP:** All athletes/coaches must be AAU Members and must be able to present their 2009 AAU Membership card at Check-in. You may contact your local AAU District to obtain a card by calling 1-800-AAU-4USA or register instantly online at [www.aausports.org](http://www.aausports.org) and clicking on the *Join Now* button.(make sure to print a copy of the card at the completion of your registration)

### AAU Teams/Corps

**Small Twirling & Dance Twirl Teams (Average Ages) 3-8 members Beg & Adv 0-7.99, 8-10.99, 11-13.99, 14+ 2:00–3:00 minutes**

**Large Twirling & Dance Twirl Teams (Average Ages) 9+ Members Beg & Adv 0-7.99, 8-9.99, 11-13.99, 14+ 2:00 – 3:00 Minutes**

**Novelty Show Twirl Team 0-9, 10-13, 14-20 2-3:00 minutes**

**Sm. Twirling Corps 0-9 (10-18 Members) 10–13,14-20 (12–20 Members)**

**Lg. Twirling Corps 0-9 (19 + Members) 10-13,14-20 (21+ Members)**

**Small Parade Corps 0-9, 10-13, 14-20 (10 – 16 Members)**

**Large Parade Corps 0-9, 10-13, 14-20 (17+Members)**

**Street Parade Team 0-9, 10-13, 14-20 2:30 maximum**

**Show Twirl Team 0-8, 10-13, 14-20 3:30-9:00 minutes**

To calculate average ages for teams, add all the athletes' ages together, then divide the sum by the number of athletes in the group. Any average ending in 0.5 or higher must be rounded up to the next whole group. Athletes participating in a group may not be any older than the next higher age group they are competing in. Therefore, if a small twirling corps average age were 9.2, they would compete in the 0-9 division and could not have anyone older than 13 years old in their group. But if a small twirling corps average age was 9.5, they would compete in the 10-13 division and could have 20 year olds in the group.





# AAU TEAM ENTRY



TEAM OR CORPS NAME \_\_\_\_\_

TEAM OR CORPS AVERAGE AGE: \_\_\_\_\_

COACH: \_\_\_\_\_

ADDRESS: \_\_\_\_\_ E-MAIL \_\_\_\_\_

TOTAL # OF TEAMS ENTERED

**PLEASE SEND IN THE FOLLOWING INFORMATION ON A SEPARATE FORM FOR EACH TEAM, DUET OR TRIO ENTERED (use 1 sheet per team)**

Check event team is entering: **Duets & Trios** should be sent in together & **paid on 1 entry**

			COST	AGE
			PER ATHLETE	DIVISION
• TWIRLING DUETS	• BEGINNER	• ADVANCED	\$8.00	_____ combined
• TWIRLING TRIOS	• BEGINNER	• ADVANCED	\$8.00	_____ average
• SMALL TWIRLING TEAM	• BEGINNER	• ADVANCED	\$7.00	_____ average
• LARGE TWIRLING TEAM	• BEGINNER	• ADVANCED	\$7.00	_____ average
• SMALL DANCE TWIRL TEAM	• BEGINNER	• ADVANCED	\$7.00	_____ average
• LARGE DANCE TWIRL TEAM	• BEGINNER	• ADVANCED	\$7.00	_____ average
• STREET PARADE TEAM	• ONE DIVISION		\$7.00	_____ average
• NOVELTY SHOW TWIRL	• ONE DIVISION		\$7.00	_____ average
• PARADE CORPS	• SMALL	• LARGE	\$7.00	_____ average
• TWIRLING CORPS	• SMALL	• LARGE	\$7.00	_____ average
• SHOW TWIRL TEAM	• ONE DIVISION		\$7.00	

\_\_\_\_\_ # of team members at \$7.00 each or \$8.00 for Duet or Trios

\_\_\_\_\_ \$7.00 Facility Fee per family if not already paid on individual entry

\_\_\_\_\_ **Late fee of \$5.00 per team (postmarked after APRIL 27)**

\$\_\_\_\_\_ Total for this AAU Team entry **Cashier's Check or Money Order Please**

*(can send one check for all teams)*

NAME OF ATHLETE

AGE 8/4/2009

SOLO ONE BATON LEVEL

1.	_____	_____
2.	_____	_____
3.	_____	_____
4.	_____	_____
5.	_____	_____
6.	_____	_____
7.	_____	_____
8.	_____	_____
9.	_____	_____
10.	_____	_____
11.	_____	_____
12.	_____	_____
13.	_____	_____
14.	_____	_____
15.	_____	_____
16.	_____	_____

The 2009 AAU Baton Twirling Handbook is available on our web site [www.aausports.org](http://www.aausports.org) Or by contacting the Amanda Stokes at the AAU National Headquarters at 407-828-8323 or [amanda@aausports.org](mailto:amanda@aausports.org)

**AWARDS:**

## **AAU Events: Official AAU medals**

AAU Teams, Duets & Trios-Duplicate awards will be given to each team member. (1<sup>ST</sup>-6<sup>TH</sup> place)

AAU Individual Events: 1<sup>st</sup>-Gold Medal

2<sup>nd</sup>- Silver Medal

3<sup>rd</sup>- Bronze Medal

4<sup>th</sup>-10<sup>th</sup>- Copper Medals.

Solo Freestyle, Solo Dance Twirl and Team Events-1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> same as above.

4<sup>th</sup>- 6<sup>th</sup>-Copper Medal

**OPEN EVENTS: DONATED & NEW TROPHIES:** 1<sup>st</sup> & 2<sup>nd</sup> place trophies and 3<sup>rd</sup> place ribbons. More ribbons will be given if divisions are large. (Novice athletes will receive trophies for 1<sup>st</sup> and 2<sup>nd</sup> places.)

**PRESENTATION OF AWARDS:** Individual awards will be posted and presented during the contest for all open events. Group AAU awards will be posted but may not be presented the day of the contest. Due to ordering deadlines and varying number of athletes per team event, Dance Twirl, Twirl Team, Novelty Show Twirl Team, Street Parade Team and all Corps medals may have to be mailed to the coach 3-4 weeks after the competition. Individual AAU events will be posted and presented at the competition.

## **TENTATIVE SCHEDULE FOR SATURDAY May 23, 2009**

7:30am Doors open

8:00am Teams check in and Music Check Team rosters turned in

8:30am Contest begins

AAU Parade Corps & AAU Twirling Corps

AAU Street Parade Teams

AAU Dance Twirl & Twirl Teams

AAU Novelty Show Twirl Teams

AAU Show Twirl Team

AAU Duets

AAU Trios

Music Check for Solo Dance Twirl & Freestyle

AAU Solo Dance Twirl

AAU Solo Freestyle

Open Basic Strut, AAU Basic Strut & Baby Basic

Open Military Strut, AAU Military Strut & Baby Military

Open Strut & AAU Strut

Open Solo One Baton, AAU Solo One Baton & Baby Doll Solo

Open Solo Two Baton & AAU Solo Two Baton

Open Solo Three Baton & AAU Solo Three Baton

Open Multiple Baton Solo & AAU Multiple Baton Solo

AAU Hoop and AAU Flag

## **AWARDS**

If the schedule should change after entries are in, we will notify you or your coach by e-mail or telephone.

## GENERAL INFORMATION

**Deadline for entries: Entry must be Post Office postmarked by Monday, April 27th. Entries will be accepted, but a late fee will apply to any entry postmarked after this date. All entries must be accompanied by a money order or cashier's check payable to Judy Hollowell. **Please do not send a check.** There will be no refunds or credits. Any questions: Email [hollowelltwirlers@cox.net](mailto:hollowelltwirlers@cox.net) or call 757-599-3708**

**Changes in Division after deadline must be done by Monday May 18th. Due to a contest win in solo, two baton, three baton, basic, military or team event which would necessitate a change in a higher division (i.e. novice to beginner), you must email or call any change to Judy Hollowell. Please leave a message if no answer. Email could be used also.**

**Facility Fee: There will be no spectator fee at the door. However, there will be a \$7.00 facility fee per athlete (accessed on the entry/only one per family).**

**Practice Area: Coaches and athletes are responsible for proper warm-up prior to practice or competition. **Coaches must have current AAU Membership to be allowed on the practice floor.** There will be no warm-up within any judge's sight.**

**Age Divisions: Athlete's age is determined by their age on August 4, 2009 (the first day of the AAU Junior Olympic Games in Des Moines, Iowa).**

**Entry Confirmation: To confirm that we have received your entry, be sure that your email address (or your coach's) is on your form. Once your entry has been processed, you or your coach will receive an email confirmation of your events and any change in the order of events.**

**Music: Solo Freestyle, Solo Dance Twirl, Teams-all groups using your own music will have to turn in a CD with one routine per CD. No cassette tapes will be accepted.**

**Set system: The contest will run in a set order. Printouts of the schedule will be available the day of the contest. Athletes are responsible for reporting to their lanes on time and in the designated order. Order will be determined by random selection. Open events will be held before the AAU Event. All athletes competing in solo events will receive a name card at check-in after presenting your 2009 AAU Membership card. Remember, membership not available at the contest. The athlete will show the name card to the judge at their lane before competing each time (except for Teams, Corps, Solo Freestyle and Solo Dance Twirl). Those events will be announced.**

**T-Shirts: AAU Baton Twirling Championship t-shirts will be available the day of the contest. Order your shirt on the entry form. \$15.00 can be paid with your entry or you can pay on the day of the contest provided you have cash available. No checks will be accepted. Extra shirts may not be available on the day of the contest-preorder if you want one. Youth and Adult sizes are available.**

**Food will be available throughout the day.**

**Heritage High School is a non-smoking facility. This also includes all of the grounds. Security guards will be on duty.**

**Athletes, coaches, parents and spectators are responsible for damage to the building or grounds. Property taken into the facility is at own risk. Director, sponsor and/or Heritage High School are not responsible for damages, loss, accidents, injuries, etc.**

**Note: Some rules are different from other organizations and have changed since last year. Please check the rules-[www.aausports.org](http://www.aausports.org)**



# INDIVIDUAL ATHLETE ENTRY FORM-AAU EVENTS

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

PHONE: \_\_\_\_\_ EMAIL: \_\_\_\_\_

BIRTHDATE: \_\_\_\_\_ AGE (as of **Aug 4, 2009**) \_\_\_\_\_

MEMBERSHIP #: \_\_\_\_\_

COACH'S NAME: \_\_\_\_\_

COACH'S ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

PHONE: \_\_\_\_\_ EMAIL: \_\_\_\_\_

## Sanctioned AAU Events

Solo One Baton	Nov ___	Beg ___	Int. ___	Adv ___	Elite ___
Solo One Baton	Boys ___				
Two Baton Solo	Nov ___	Beg ___	Int ___	Adv ___	Elite ___
Three Baton Solo		Beg ___		Adv ___	Elite ___
Multiple Baton Solo		Beg ___		Adv ___	
Strut -kind _____	Nov ___	Beg ___	Int ___	Adv ___	Elite ___
Basic Strut	Nov ___	Beg ___		Adv ___	
Military Strut	Nov ___	Beg ___		Adv ___	
Flag		Beg ___		Adv ___	
Hoop		Beg ___		Adv ___	
Dance Twirl	_____				
Freestyle	_____				



TOTAL # OF EVENTS ENTERED

### FEES for AAU events:

Solo Freestyle	\$20.00
Solo Dance Twirl	\$20.00
<i>(Solo, Two Baton, Three Baton, Multiple Baton, Strut, Basic, Military, Flag, Hoop)</i>	
1 <sup>st</sup> Event	\$20.00
2 <sup>nd</sup> -4 <sup>th</sup> Event	\$15.00 (each)
5 <sup>th</sup> -9 <sup>th</sup> Event	\$10.00 (each)
Facility Fee	\$7.00 (per family)
<b>Late Fee (if applicable)</b>	<b>\$5.00 per event</b>

TOTAL for AAU individual events \$ \_\_\_\_\_

**Cashier's Check or Money Order** made payable to: **JUDY HOLLOWELL**  
Mail entries to: **717 Harpersville Rd**

**To avoid late fees: Entries must be postmarked by April 27<sup>th</sup> or hand-delivered to Judy Hollowell by that date.**

**Newport News, VA 23601**

# INDIVIDUAL OPEN EVENTS

ALL EVENTS WILL FOLLOW AAU AGE DIVISIONS: age as of **Aug 4, 2009**

You must have 2009 AAU Membership to compete in individual events also.

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

PHONE: \_\_\_\_\_ EMAIL: \_\_\_\_\_

BIRTHDATE: \_\_\_\_\_ AGE (as of Aug 4, 2009) \_\_\_\_\_ Baby Doll Age (as of 9/1/08) \_\_\_\_\_

MEMBERSHIP #: \_\_\_\_\_

COACH'S NAME: \_\_\_\_\_

COACH'S ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

PHONE: \_\_\_\_\_ EMAIL: \_\_\_\_\_

Entry fees: \$8.00 per event

**\$2.00 Late Fee per event (postmarked after April 27th)**

\$7.00 Facility Fee (per family)

## CHECK ALL THAT APPLY:

- Baby Doll Basic (0-4 yrs)  
 Baby Doll Military (0-4 yrs.)  
 Basic Strut  Novice  Beginner  Advanced  
 Military Strut  Novice  Beginner  Advanced  
 Baby Doll Solo (0-4 yrs.)  
 Solo One Baton  Novice  Beginner  Intermediate  Advanced  Elite  
Solo One Baton  Boys  
 Strut (kind \_\_\_\_\_)  Novice  Beginner  Intermediate  Advanced  Elite  
 Solo Two Baton  Novice  Beginner  Intermediate  Advanced  Elite  
 Solo Three Baton  Beginner  Advanced  Elite  
 Multiple Baton Solo  Beginner  Advanced

Total Open Individual Events Entered: \_\_\_\_\_ @ \$8.00 each \$ \_\_\_\_\_

Facility Fee if not paid with AAU events \$ \_\_\_\_\_

**Late Fees (if applicable)** \$ \_\_\_\_\_

T-shirt Child S, M, L, Adult S, M, L, XL @ \$15.00 T-Shirt \$ \_\_\_\_\_

Total Entry Fee \$ \_\_\_\_\_

**CASHIER'S CHECKS OR MONEY ORDER** Payable to: Judy Hollowell  
717 Harpersville Rd  
Newport News, VA 23601

**No Personal Checks accepted !!!!!**

If not paying with entry-please fill this portion out:  
Order shirt size \_\_\_\_\_ and pay \$15.00 at contest.