



SWIMMING



**August 2nd -
August 6th, 2010
Midtown
Community Center,
Newport News**



The largest national multi-sport event for youth in the United States is coming to Hampton Roads, VA this summer!

ENTRY FEE: \$45 per athlete
ENTRY DEADLINE: July 15th, 2010

DIVISIONS: Girls & Boys 8 & Under, 9-10, 11-12, 13-14, 15-18

First, second, and third place finishers in AAU Club or District Swimming Championship Meets in individual events under 400M, will qualify for this AAU National Championship, in only those events unless they meet the time standards below to qualify in other events.

In addition, swimmers who meet or beat the U.S. Swimming long course **“A” minimum time standard for all 200M, 400M, and 1500M events and “BB” time standards for events under 200M are eligible to compete** in the events where they meet the minimum time standards. Qualification for the 400M and 1500M is time only. The time standard must have been met during a bona fide competition, during the period of July 15, 2009 through the entry deadline of July 15th, 2010, whether it was AAU, USA Swimming, YMCA, Boys and Girls Club, Parks & Recreation, etc.

**For Online Registration & General Information,
Visit: www.aaujrogames.org**

FUTURE AAU LEADERS PROGRAM

BEING HELD AT THE AAU CONVENTION

OCTOBER 25TH - OCTOBER 29TH, 2010
SAN JUAN, PUERTO RICO



**OVER 5.5 MILLION LEADERS IN 122 YEARS
BE PART OF THE NEXT 5.5 MILLION LEADERS**

Become part of the Future Leaders Program!

The AAU of the United States Inc is making a concerted effort to discover and develop its next generation of leadership during our bi-annual 2010 convention. The AAU has been directed by volunteers for 122 years. Come be a part of shaping the AAU's leadership team in the next decade by registering for the 2010 Future Leaders Program.

What is the AAU Convention

The AAU Convention is the bi-annual meeting of the leadership of the AAU at all levels. Every two years, leaders convene to conduct the business of the AAU organization. Our constitution and by-laws give representation to all entities (similar to the U.S. government set-up).

Future Leader Program Highlights scheduled for 2010 Convention

- Participation in the AAU Convention
- Future Leaders Workshop Dinner
- Tuesday Freebie Carnival - inaugural fun-in-the-sun day featuring food, drink & prizes
- National Congress - the ultimate governing body of AAU
- National Sport Committee Meetings - where rules and procedures are established
- Administrative Committee Meetings - such as Legislation Committee & Sullivan Award
- Compliance/Town-Hall Workshop - focusing the leadership on the future
- Welcome Reception - featuring one-on-one sessions with exhibitors
- Coaches Training & Seminars/ Educational Workshops
- Networking Opportunities
- Closing Banquet - where Presidential Leadership awards are given and Hall of Fame members are inducted.

You are eligible to enroll in the Future Leaders Program if:

- You are one of the first 300 people to register in the Future Leaders Program
- You are 18 years or older and never attended the AAU National Convention

REGISTER TODAY

WWW.AAUCONVENTION.ORG

****Future AAU Leaders Program Benefit Package ****

The first 300 registrants in this program and fulfilling the defined criteria (listed below) will receive the following benefit package. **ACT NOW!!!**

Future AAU Leaders Program Benefit Package:

- Receive the normal and customary benefits of being a Convention attendee (food, receptions, meetings, etc...)
- Receive a National Championship cinch backpack [Retail value: \$30.00]
- Receive an AAU sport jacket [Retail value: \$50.00]
- Recognition & admission at Tuesday Freebie Carnival [Retail value: \$115.00]
- Ability to be in attendance at all open meetings/functions mentioned above [Retail value: Priceless]

****Bonus Package****

Be the first off the starting blocks when the gun sounds and receive this additional Future Leaders Bonus package!

The first 3 attendees to register in the Future AAU Leaders program from each District* will receive:

- 3 nights free lodging (room & tax) at San Juan Caribe Hilton
(Total value of \$514.23)

The 132 other registrants in the Future Leaders Program **are still welcome to attend** but are not eligible for this additional bonus package.

***District: There are 56 AAU Districts similar to the 50 U.S. states. Visit www.aausports.org for District Office map.**

To receive either of the above packages, you must fulfill the following criteria:

- Register in the Future Leaders program by July 15, 2010
- Arrive on Monday October 25, 2010 and stay 5 nights at the San Juan Caribe Hilton
- Attend the Future Leaders Workshop Dinner
- Attend Tuesday Freebie Carnival
- Attend Welcome Reception
- Attend Sport Meeting of your choice
- Attend an Educational Workshop
- Attend the Compliance Educational Workshop
- Attend Congress Meeting
- Be a registered member of AAU
- You were never elected or appointed at the District or National level to a leadership position (Officer, Sport or Administrative Chair) prior to September 1, 2009

For list of times and dates, visit www.aauconvention.org for the complete schedule.