



2009 Big Apple Diving Invitational October 10 & 11, 2009



Location: Nassau County Aquatic Center
Eisenhower Park
East Meadow, New York 11554
Long Island, New York at Merrick and Stewart Avenues
(516) 572- 0501 or (516) 572- 0502

Diving meet is open to all registered AAU Divers:
Novice, Intermediate, and Advanced.
AAU Standard Rules. Novice divers wil do any 4 dives.

Diving meet is \$25.00 per event per person. You can register at the meet for an additional \$10.00 (please try to register early !!)

Meet Director, Host, and Organizer: George Taylor and LID Parents.
(516) 565-2750 h
(516) 697 1678 c
Gt3usmc@aol.com

Meet Times: Saturday: Open Warm-ups 7:00am- 8:30am, Meet starts 9am
Diving boards open to first event from 8:30am-9am.
Sunday: Open Warm-ups 7:00am- 8:30am, Meet starts 9am
Diving boards open to first event from 8:30am-9am.

Facility: Built in 1998 for the Goodwill Games, the Nassau County Aquatic Center is one of the most spectacular diving pools in North America.

1, 3, 5, 7.5, & 10 meter platforms
Two 1-meter "cheese boards" (16 ft maxi-flex model B on Concrete Stands)
Two 3-meter "cheese boards" (16 ft maxi-flex model B on Concrete Stands)



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Event Schedule – Projected Timing
Some events may run ahead or behind schedule.

Saturday, October 10

**** There will be a 15 minute to a ½ hour warm up before the next event. ****
All events are novice, intermediate, and JO combined. Novice can do any 4 dives.

<u>Open Warm-Up</u> (first event warms up until 9:00 am)		7:00am-8:30am
1a. 7u, 8u, 9u, 10/11 boys 1M	1b. 7u, 8u, 9u, 10/11 girls 3M	9:00am-9:30am
2a. 12/13 boys 1M	2b. 12/13 girls 3M	9:45am-10:30am
3a. 7u, 8u, 9u, 10/11 boys 3M	3b. 7u, 8u, 9u, 10/11 girls 1M	10:45am-11:45am
4a. 12/13 boys 3M	4b. 12/13 girls 1M	12:00pm-12:30pm
5a. 7u, 8u, 9u, 10/11 boys and girls tower		12:45pm-1:10pm
6. 12/13 boys & girls tower		1:45pm-3:00pm

“ Projected Meet finish at 3:00pm “

Sunday, October 11

**** There will be a 15 minute to a ½ hour warm up before the next event. ****
All events are novice, intermediate, and JO combined. Novice can do any 4 dives.

<u>Open Warm-Up</u> (first event warms up until 9:00 am)		7:00am-8:30am
8a. 14/15 boys 1M	8b. 14/15 girls 3M	9:05am-9:45am
9a. 16/18 boys, A+ Mens 3m	9b. 16/18 girls, A+ Women's 1m	10:00am-11:00am
10a. 14/15 boys 3M	10b. 14/15 girls 1M	11:15am-11:45pm
11a. 16/18 boys, A+ Mens 1m	11b. 16/18 girls, A+ Women's 3m	12:00pm-12:35pm
12. 14/15 girls and boys tower		12:45pm-1:15pm
13. 16/18 girls and boys tower		1:50pm-3:00pm

“ Projected Meet finish at 3:00pm “

- This event is sanctioned by the Amateur Athletic Union of the U. S., Inc.
- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connect. Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership.



Additional Meet Information

Rules: J.O. Requirements will be according to AAU – FINA.
See rules detailed on www.divemeets.com and www.ausports.org .

Age of athlete for this competition is based on age on December 31st, 2009
(Same as AAU Nationals competition).

Awards & Scoring: Medals for all competitors.
Three classes of competition – Novice, Intermediate, and J.O..
Team scoring will be governed by www.divemeets.com .

Registration & Fees: \$25.00 per event. All registrations on www.divemeets.com. Deadline for all registrations will be posted on divemeets.com. All coaches should register at www.divemeets.com before athlete registration so team affiliation can be selected by diver. All registrations require MasterCard or Visa payment.

Events: Events will run simultaneously. The meet director reserves the right to make changes to expedite and ensure the quality of the meet. We may run two tables to decrease the time of the meet.

Prior to each event, there will be a warm-up limited to participants in that event. Awards will be presented prior to the beginning of the following event.

Event Schedule: Novice, Intermediate, and J.O. groups will be ran together.

Divers must have a designated coach on deck in order to be able to participate in warm-ups and events. No coach, no competition. That simple !

Release: All competitors, spectators and attendees waive and release any and all rights and claims for damages against, Long Island Diving, Nassau County, Eisenhower Park Aquatics facility, State of New York, AAU, George Taylor III and their agents, parents, representatives, heirs and successors for any and all injuries suffered by me at said meet and premises. Attention: This release especially applies to all registered athletes competing at / in/ walking the deck / helping / using the facility rest rooms/ or any other activities pertaining to or not in the course of the meet. Regardless of time.

Accommodations:

 **Meet Hotel** – Less than one mile from the pool.

Marriott-Uniondale

101 James Doolittle Boulevard

Uniondale, New York 11553

Phone (516) 794-3800

2 minutes from pool. 5 minutes walking distance.

For reservations: <http://marriott.com/property/propertypage/NYCLI>

Holiday Inn – Westbury, Long Island

369 Old Country Road

Carle Place, NY 11514

Phone (516) 997-5000

5 minutes from pool.

For reservations: <http://www.ichotelsgroup.com/h/d/hi/1/en/hd/nycwb>

Hilton Garden Inn, Westbury, 11590

1575 Privado Road (Off of Merrick Ave just past Friday's)

Phone (516) 433-3900

Off of Merrick Ave just past Friday's, 2 minutes from pool.

La Quinta Inn

821 Stewart Avenue, Garden City, NY 11530

Phone (516) 705-9000

Less than 3 Minutes from the pool (Off the Meadowbrook Parkway)

Econo Lodge

429 Duffy Ave., Hicksville, NY, 11801

Phone (516) 433-3900

Wantagh Pkwy & Old Country Rd. 15 minutes from the pool.

**Make it a fun weekend in New York City! For Hotels and on-line Visitors Guide, see the following website:
<http://www.nyc.com/index.aspx?secid=4>**

Pool and Hotels are approximately 35-45 minutes from Laguardia Airport or JFK Airport. For directions check out www.Mapquest.com or

<http://cityguide.aol.com/longisland/entertainment/venue.adp?sbid=65343>

Registering for a meet using Divemeets.com “Coaches’ Instructions for divemeets.com”

Follow these easy steps to register:

Before giving this information to your team members, every coach participating in this competition must register at www.divemeets.com. You will receive an email with your id and password. **If a coach has already registered in the past, they don’t have to register again. Please make sure you update your information and choose that you are a member of AAU. If your team does not appear on the AAU list you must contact support@meetcontrol.com so they can add the team to the database.**

2. After you register, you can tell your divers or parents to go to www.divemeets.com to sign up and then register for the **2009 Big Apple Diving Invitational**. They also will receive an email with their id and password. **If a diver has already register in the past, they don’t have to register again; all they have to do is to log in with their divemeets ID and password. If they forgot the ID and Password, they can click on [Forgot your password or DiveMeets ID](#) . Please make divers update their information and choose that they are a member of AAU.**

Divers or parents will be prompted to the meet information where they will be able to click on the events they are registering for and fill out dive sheets for each event. The program will make sure each dive sheet will be sent correctly. If a diver already has a dive sheet in the database with divemeets.com, the system will bring up the last dive sheet in their account. Then, you will be able to make changes if you will like and then submit it.

Note: If coaches decide to register the divers for the meet, they will be able to do that after the divers have signed up with divesmeets.com and have a divemeets ID. Then, a coach logs in and can click on the **2009 Big Apple Diving Invitational** link. On that page coaches will find a drop box with the divers of their team. You will choose the diver you want to register for the meet, fill out dive sheet and pay for the event. If a diver already has a dive sheet in the database with divemeets.com, the system will bring up the last dive sheet in their account. Then, you will be able to make changes if you like and submit it. You will have to do this process for every diver.

4. The fees for the meet will be added automatically and must be paid with Visa or Master card. Checks are not accepted at this time.
5. You will receive an email notification of your registration.
6. Coaches will able see the time table online prior the meet at www.divemeets.com.
7. Show up for the meet ready to start at the warm-up time.