

## 2009 AAU Shooting Starz Open & Southeastern District Qualifier

Contest Director: Kitty Gallimore (256)-316-0643

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\*You must qualify in each event that you would like to participate in at the 2009 AAU Junior Olympic Games in Des Moines, IA

Male & Female athletes compete together **except** in Solo One Baton and Solo Freestyle. A competitor can compete in only **one level / one age group for each solo event, (no double entering)**. Group athletes **may not** compete against themselves at any level of competition. A corps member may compete only once in the corps classification (i.e. may compete in one twirling corps and only one parade corps).

**The following will qualify for the AAU Championship per status level and age division:**

**Solo** – One, Two, Three, & Multiple Batons, Strut, – 10 Athletes

**Solo Freestyle & Solo Dance Twirl**– 6 Athletes

**Basic & Military March** - - 6 Athletes

**Duets, Trios, Twirling and Dance Twirl Teams, Street Parade,**

**Novelty, Show Twirls Teams** – 6 Groups

**Twirling Corps, Parade Corps** – All corps that competes in the AAU Championship will be invited to compete in the 2009 Jr. Olympic games.

**AAU Membership:** All athletes must be members of their AAU association and must be able to present their 2009 AAU membership cards upon check - in. You may contact your local AAU to obtain a card at: [www.aausports.org](http://www.aausports.org) and clicking the Join In Now. Make sure you print a copy of your card upon completion. **Coaches – Please send a list of your membership numbers along with team entry forms.**

**Awards:** AAU Medallions for team and individual events.

**Open title events – 1<sup>st</sup> place large trophy, tiara, and banner**

**2<sup>nd</sup> – 10<sup>th</sup> place Large Trophy**

**No Drop buttons to everyone with a no drop routine in 1,2,or 3 batons.**

**Title Events: competes in**

Starz Twirl Champion	1 baton	2 baton	3 baton
Starz Queen	Best Appearing	1 baton	X-Strut
Starz Princess	Best Appearing	1 baton	Basic
Starz Strutter	Basic	Military	Parade Strut

**Used outfit consignment:**

This will be set up near check in. Bring your old or used costumes you would like to sell. Sign them in with the consignment shop. Include two index cards with name, phone, size, color and any other information. One will be pinned on outfit and one will go on file. Outfits must be signed in and out to try on. 10% of sale will cover this service.

**Check In:** All athletes will have to check in at the desk of registration the morning of the competition.

**Membership:** All athletes must have a membership card. You may send in **\$14.00** with and you will receive your membership card at registration. You must provide **proof of age** at the contest (birth certificate, baptism certificate, Adoption / Foster care certificate, or drivers license. A copy of this may be sent in along with entry as well.

**Age Determination:** Age determined by age as of July 27, 2009.

**Team Age Division** – To calculate average team age, add all team members age and divide it by team members. If you have a .5 it will round up to next age group.

**General sports information:**

1. Gymnastics stunts/ skills are **not allowed** in most AAU baton twirling events. **Check the rules** for events that allow use of cartwheels, handstands and walkovers.
2. You have to enter the **proper status** level according to the number of wins in each event.
3. All wins count **regardless** what organization the win was achieved in. An athlete may be a Beg. in solo, and Advanced in basic.

**For Soloist's** – Novice – less than 3 wins; Beginner – less than 8 wins; Intermediate – less than 16 wins; Advanced – more than 16 wins

**For Duet & Teams** – (total wins for each athlete) Beginner – less than 5; Advanced – 5 or more.

**Novice Solo One Baton & Two Baton** – Athletes in this level **may not** perform more than **2 spins**, not more than **2 continuous elbow rolls**, **No continuous front or back neck traps**, & **No toss illusions** of any kind are allowed. This is for AAU& Open Events.

**Solo Freestyles** - Perform with 1,2, & or 3 baton to the music of your choice. **No other props or equipment can be used.** Please see handbook for rules.

**Solo Dance Twirl** – Performs a one baton routine – See handbook for Rules.

**Contest will begin Promptly at 8:30am.**

**Doors will Open at 7:15am.**

**No late entries will be accepted on Teams or Individual Events.**

Entries will be **returned** after **DEADLINE DATE**,

**Postmarked by March 21<sup>ST</sup>**

There will be **No** refunds or credits for missed performances.

**Changes in Status level** – Due to advancement after entry is sent, Please notify director **ASAP**, due to countless hours spent making sure the contest runs smoothly.

**We will be on a Set System.** You will know when you are performing on the floor and what lane ahead of time. You will need to keep up with the set numbers so you will not miss your competition. This will be in your program you will receive the morning of the competition.

**I strongly urge everyone to copy the**

**2009 AAU TWIRLING HANDBOOK.** This is

available at [www.aausports.org](http://www.aausports.org). This will give you all current rules and time limits on **all events**.

**Challenger Division** will be available in **All** areas of competition. This is for the special needs athlete. Make sure you mark on entry form, Physically Challenged.

**Elite Division** – Is for the athlete that has 12 or more advanced wins.

**Contest director has the right to combine age groups in the Open contest.**

Title & Open Best Appearing time limit will be **1 ½ Minutes**.

**Athletic, twirling, or dance shoes** are the only shoes allowed onto gym floor. **(No dress shoes)**

There will be T-Shirts, baton supplies, uniforms, etc. for sale at Contest.

**Order of Events:**

All Teams, Freestyle, Solo Dance Twirls, Show Twirls, Trios, & Show Dance will be first. Followed by Best Appearing and Prettiest Costume.

**All teams awards will be awarded following Best Appearing.**

**Concessions** will be provided by the MCHS Girls Basketball Team.

Breakfast, Lunch & Dinner items will be available throughout the day.

**No outside food may be brought in.**

**Microtel is our contest hotel.** With this hotel only being Two years old, and only 2 miles away, rooms will book fast. Make sure you mention that you want the **Shooting Starz Twirling Rate**. The phone # is **256-859-6655**. Reservations must be made by **April 4<sup>TH</sup>**.