

**AAU Outreach Clinic**  
**AAU Jump Rope**  
**October 17, 2009**  
**The Math Academy**



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|------------------------|---|
| <b>AGE GROUPS:</b>     | <b>8-18</b>   |
| <b>TIME:</b>           | <b>9 AM TO 1 AM</b>   |
| <b>LOCATION:</b>       | <b>4701 Greenspring Ave<br/>Baltimore, MD 21209</b>                     |
| <b>ENTRY FEE:</b>      | <b>No Fee, but AAU Membership required</b>                              |
| <b>ENTRY DEADLINE:</b> | <b>October 16th</b>   |
| <b>FORMAT:</b>         | <b>Jump Rope instruction in single rope, long rope and Double Dutch</b> |
| <b>ELIGIBILITY:</b>    | <b>Presentation of current AAU Membership Card</b>                      |

This event is sanctioned by the Amateur Athletic Union of the U. S., Inc.

All participants must have a current AAU membership.

AAU membership must be obtained before the event begins except where the event operator has a laptop available with an internet connect. Participants are encouraged to visit the AAU web site [www.ausports.org](http://www.ausports.org) to obtain their membership.

**FOR MORE INFORMATION:**

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